

# Publications



Clinics are given special discounts on publications and materials.  
These prices are available for Spina Bifida clinics and other health care institutions only.

**Accessible Gardening for People with Physical Disabilities.** A 300-page guide to accessible gardening.  
*By Janeen R. Adil*  
\$22.00

**Bowel Management and Spina Bifida.** An excellent book aimed at anyone trying to attain bowel continence, with sample menus, bowel tracking charts and a glossary of terms.  
*By Susan Leibold, MS, RN, et. Al.*  
\$9.00

**Encouraging Social Development of the Young Person Living with Spina Bifida.** This booklet helps families, friends, community and spiritual workers, teachers and others to assist children and adolescents living with Spina Bifida move toward developing a social network beyond the family as they develop.  
*By Donald Lollar, EdD*  
\$9.00

**First World Congress on Spina Bifida Research and Care.** This publication summarizes the talks and abstract-presentations from this groundbreaking gathering.  
\$.50

**First World Congress on Spina Bifida Research and Care Scientific Abstracts on CD.** Order abstracts from the First World Congress on Spina Bifida Research and Care featuring 8 disciplines – Developmental Pediatrics, Epidemiology, Neuropsychology, Neurosurgery, Nursing and Allied Health, Orthopedics, Transition, Urology  
\$8.00

**Folic Acid Counseling Pocket Card.** Quick reference card that fits in the white coat pocket. For health care professionals.  
\$6.25/25 per pack  
*A Spanish version is available.*

**Folic Acid – Every Day.** Brochure.  
General folic acid information for women.  
\$35.00/250 per pack  
*A Spanish version is available.*

**Guidelines for Spina Bifida Health Care Services Throughout Life.**  
These guidelines are designed to help people who have Spina Bifida during their entire life span.  
*Edited by Karen Rauwen, MSN, RN*  
\$16.00

**Health Guide for Adults Living with Spina Bifida.** Provides health information and resources to help you manage your health and prevent further complications.  
*Edited by the SBA Editorial Review Board*  
\$10.99 plus complimentary CD

**Health Guide for Parents of Children Living with Spina Bifida.** Provides health information and resources to help you manage your child's health and prevent further complications.  
*Edited by the SBA Editorial Review Board*  
\$10.99

**Living with Spina Bifida: A Guide for Families and Professionals.**  
Written for families and professionals who care for children, adolescents, and adults with Spina Bifida.  
*By Adrian Sandler, MD*  
\$24.00

**Looking for Goodwill.** Father and son undertake an inspiring nationwide odyssey in search of goodwill. They randomly interview people in all fifty states, asking them questions about the good things in their lives. This is a refreshingly original study of attitudes, ambitions, and the condition of the American heart.  
*By Scott & Pat Price*  
\$32.00

**Plan Ahead: Do what you can—take folic acid.** Brochure insert.  
Benefits of folic acid for women at risk of having a baby with a neural tube defect such as Spina Bifida.  
\$35.00/250 per pack

**Sexuality and Spina Bifida.** This booklet helps adolescents, young adults and their caregivers discuss sexuality in an informative manner by providing information on the physical and social aspects of sexuality from a developmental perspective with sections just for parents, teens, and adults.  
*By Susan Labhard, MSN, RN, et. Al.*  
\$9.00

**The Complete IEP Guide: How to Advocate for your Special Ed Child.** This all-in-one guide will help you understand special education law, identify your child's needs, prepare for meetings, develop the IEP, and resolve disputes.  
*By Laurence M. Siegel*  
\$30.00

**The New Language of Toys: Teaching Communication Skills to Children with Special Needs.** A Guide for Parents and Teachers. A "reader-friendly" resource guide that provides a wealth of information on how play activities affect a child's language development (with a focus on special needs) and where to get the toys and materials to use in these activities.  
*By Sue Schwartz, PhD and Joan E. Heller Miller, EdM*  
\$20.00

**What is Spina Bifida?.** Brochure.  
General information about Spina Bifida.  
\$35.00/250 (*A Spanish version is available.*)

**When to Call the Doctor Card.** A 3x5 two-sided laminated card outlining signs of hydrocephalus shunt malfunction in infants, toddlers, children and adults.  
\$.50

Fact Sheets

Available at [www.spinabifidaassociation.org](http://www.spinabifidaassociation.org)

- Agent Orange and Spina Bifida
- Depression and Anxiety in Individuals with Spina Bifida (Easy-to-Read)+
- Educational Issues Among Children with Spina Bifida
- Folic Acid (Easy-to-Read)+
- Genetics and Spina Bifida (Easy-to-Read)+
- Hip Function and Ambulation
- Hydrocephalus and Shunts in the Person with Spina Bifida (Easy-to-Read)+
- Latex (Natural Rubber) Allergy in Spina Bifida Patients (Easy-to-Read)+
- Latex List
- Learning Among Children with Spina Bifida
- Lipomas and Lipomyelomeningocele
- Medical Considerations for Therapeutic Riding
- Obesity
- Precocious Puberty (Easy-to-Read)+
- Spina Bifida Occulta (Easy-to-Read)+
- Spina Bifida
- Spotlight on Spina Bifida (Easy-to-Read)+
- Symptomatic Chiari Malformation
- Tethering Spinal Cord
- Toilet Training the Child with Spina Bifida (Easy-to-Read)+
- Transition in Adolescence
- Transitioning Urologic Care
- Urologic Care and Management



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